# DISCOVER OUR **REGION**

Look closely and you'll find the spirit of a nation. Everything that people enjoy and expect from Wales is alive here in the county of Neath Port Talbot. A place of extreme diversity, where urban east meets rural west of Wales. Valleys and coast, waterfalls and waves, beauty and grit, all combine to form an unexpected and unforgettable experience. Located in the centre of South Wales only 30 minutes by car from Cardiff, Carmarthenshire, Swansea and the Gower Peninsular, and only a 50 minute drive from the Pembrokeshire coast. Our location as the Dramatic Heart of Wales makes us the perfect base for your next stay in the South Wales Region.

# **MAP KEY**

#### **PLACES TO VISIT**

- Margam Country Park
- 2 Margam Abbey and Stones Museum
- 3 The Princess Royal Theatre
- 4 Aberavon Seafront
- **5** Afan Forest Park
- 6 South Wales Miners Museum
- Glyncorrwg Mountain Bike Centre and Ponds
- **8** Gwyn Hall
- Neath Abbey Ruins
- Gnoll Estate Country Park
- Aberdulais Tin Works and Waterfall
- Craig Gwladus Woods Country Park
- 13 Cefn Coed Colliery Museum
- Melincourt Waterfall
- 15 Waterfall Country, Pontneddfechan
- 13 Pontardawe Heritage and Visitor Centre
- Pontardawe Arts Centre
- 18 Cwm Du Glen
- 1940s Swansea Bay

#### WALKS

- 1 Wales Coast Path Mynydd Dinas
- <sup>2</sup> Gnoll to Mosshouse Reservoir
- The Pulpit Trail
- 4 Melincourt Falls
- 5 River & Railway Walk
- 6 Swansea Valley Wildlife Walk
- 7 Sarn Helen Circular
- 8 Trotting Track Trail

## **ACTIVITIES**

- **Surfing**
- Mountain Biking
- Fishing
- Watersports
- Adventure Activities

### CANALS

- Neath Canal
- Tennant Canal
- Swansea Canal



